

## Lesson 1: Friendly Faces and Positive Spaces (45 minutes)

### Book: Meet The Jungle Gorillas



#### Objectives:

- Build a welcoming environment and establish trust
- Create a positive classroom setting
- Introduce the word 'safety' and encourage safe routines
- Introduce the characters

### Whole Group Instructions

#### 1. Warm Welcome (5 minutes):

- Greet students. Encourage students to take turns practicing greetings with their peers. If it's early in the school year, use this time to also practice how to model correct greetings.
- Sing the Cabbage and Tyler song, *Hello Song* with movements (waving, smiling, etc). Model first, then invite students to join. Use this song to also introduce Cabbage and Tyler characters.

<https://youtu.be/t9-5gAlHWII?feature=shared>

#### 2. Storytime: Meet The Jungle Gorillas (10 minutes):

- Introduce Dibble World. Describe the book cover. Identify the objects on the back cover and encourage students to look for the objects throughout the story.
- Read the story aloud, pausing to describe Dibble World. Ask questions about the story to encourage critical thinking and decision-making.

*Guided Inquiry suggestions:*

1. "What do you see in Dibble World?"
2. "What color are the \_\_\_\_\_?"
3. "A character is a person or animal in the story. What are the characters doing?"
4. "Do you think climbing the tree was a good decision? Why or why not?"
5. "What does being safe mean? How might the characters stay safe in Dibble World?"

### 3. Activity: Movement Game (15 minutes)

- Create a simple obstacle course in the classroom using safe zones (e.g., mats or cones). Students move through the course, practicing "safe" choices like walking carefully, balancing, moving without bumping into others, etc.

*Guided Inquiry Suggestions:*

1. *"What should we do if someone runs in front of us?"*
2. *"Was this a safe or unsafe way to move?"*
3. *"What does being safe mean while walking?"*

#### Skills checklist for Gross Motor skills :

- Coordination:** Can the student move smoothly through the course?
- Body Control:** Do they stop, turn, and walk safely as directed?
- Spatial Awareness:** Do they avoid bumping into objects or peers?
- Engagement:** Are they following safety instructions while participating?



### Small Group Instructions: Role Playing (10 minutes)

#### 4a. Beginner Level Role Play: Greetings and Self-Expression

1. **Greetings:** Practice different ways to say hello.

*Example 1: "Hi, my name is \_\_\_! What's your name?"*

*Example 2: "Hello! Do you want to play with me?"*

2. **Self-expression:** Simple scenarios with questions.

*Example 1: "What do you say if you want to ask for a toy?"*

*Answer: "May I please play with this toy?"*

*Example 2: "What do you do when you want to play alone?"*

*Answer: "I can say, 'I want to play alone.'"*

#### 4b. Advanced Level Role Play: Greetings and Self-Expression

##### 1. Greetings: Expand conversations

*Example 1: "Hi, how are you today?"*

*Answer: "I'm fine. How are you?"*

*Example 2: "Hello! What's your favorite game?"*

*Answer: "That's a great game! I like \_\_\_\_."*

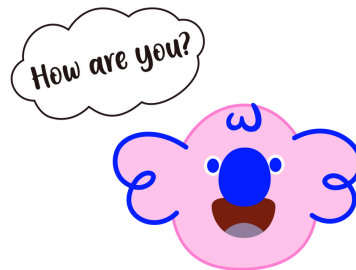
##### 2. Self-expression: More detailed scenarios

*Example 1: "What do you do if someone accidentally bumps into you?"*

*Answer: "I can say, 'It's okay, let's be careful.'"*

*Example 2: "What do you do if two people want the same seat?"*

*Answer: "We can take turns or ask a teacher for help."*



#### 5. Whole Group Wrap-Up (5 minutes)

##### Goodbye:

*"Now it's time to say goodbye!"*

1. Invite students to sit in a circle.
2. Say goodbye to each student individually, using their names. Offer a warm smile, and remind them to stay safe and be kind to one another.

